

Daftar Gambar

| | Hal |
|--|-----|
| Gambar 2.1 Tulang Vertebra | 15 |
| Gambar 2.2 Tulang Vertebra tampak superior | 17 |
| Gambar 2.3 Facet Joint in motion posisi | 19 |
| Gambar 2.4 Ligament Lumbal | 24 |
| Gambar 2.5 Persyarafan | 25 |
| Gambar 2.7 Latihan Mc.Kenzie | 60 |